

Swimming Timetable - Main Pool - Term Time

PLEASE NOTE: DURING ALL PUBLIC/SPECIAL SWIMMING SESSIONS THERE WILL BE A 5 MINUTE CHANGEOVER PERIOD

MON	LENGTH SWIMMING 7.45-9.00AM	ANTE NATAL 9.15AM-10.15AM	SCHOOLS 10.15AM-12.00PM	PUBLIC 12.00PM-1.15PM	SCHOOLS 1.15PM-3.15PM	50+ AQUA 3.15PM-4.00PM	JUNIOR LESSONS 4.00-5.00PM	PUBLIC 5.00PM-8.00PM	AQUACISE 8.00PM-9.00PM	ADULT LESSONS 9.00-10.00PM
TUE	LENGTH SWIMMING 7.45-9.00AM	SCHOOLS 9.00AM-12.00PM	SCHOOLS 10.15AM-12.00PM	PUBLIC 12.00PM-1.15PM	SCHOOLS 1.15PM-3.15PM	FOR HIRE 3.15PM-4.00PM	JUNIOR LESSONS 4.00-5.30PM	PUBLIC 5.30PM-7.30PM	SWIM CLUB 7.30PM-9.00PM	SUB AQUA 9.00PM-10.00PM
WED	LENGTH SWIMMING 7.45-9.00AM	SCHOOLS 9.00AM-12.00PM	SCHOOLS 10.15AM-12.00PM	PUBLIC 12.00PM-1.15PM	SCHOOLS 1.15PM-3.00PM	STAFF TRAINING 3.00-4.00PM	JUNIOR LESSONS 4.00-6.00PM	PUBLIC 6.00PM-8.00PM	LADIES 8.00PM-9.00PM	ADULTS 9.00PM-10.00PM
THU	LENGTH SWIMMING 7.45-9.00AM	SCHOOLS 9.00AM-12.00PM	SCHOOLS 10.15AM-12.00PM	PUBLIC 12.00PM-1.15PM	SCHOOLS 1.15PM-3.00PM	50+ SWIM 3.00PM-4.00PM	JUNIOR LESSONS 4.00-5.30PM	PUBLIC 5.30PM-7.30PM	SWIM CLUB 7.30PM-9.00PM	SENIOR WATERPOLO 9.00-10.00PM
FRI	LENGTH SWIMMING 7.45-9.00AM	SCHOOLS 9.00AM-12.00PM	SCHOOLS 10.15AM-12.00PM	PUBLIC 12.00PM-1.15PM	SCHOOLS 1.15PM-3.15PM	STAFF TRAINING 3.15-4.00PM	JUNIOR LESSONS 4.00-5.00PM	PUBLIC 5.00PM-7.00PM	SWIM CLUB 7.00PM-8.00PM	LIFESAIVING CLUB 8.00-9.30PM
SAT	SWIM CLUB 8.00AM-9.30AM	JUNIOR LESSONS 9.30-10.30AM	DISABLED 10.30AM-11.30AM	PUBLIC 11.30AM-2.30PM	FUN SESSION 2.30-3.30PM	PUBLIC 3.30PM-5.00PM	PUBLIC 4.00-5.00PM	PRIVATE 5.00-6.00PM	FOR HIRE 6.00PM-10.00PM	
SUN	PUBLIC 8.00AM-2.30PM		PUBLIC 11.30AM-2.30PM		FUN SESSION 2.30-3.30PM	PUBLIC 3.30PM-5.00PM	PUBLIC 5.00PM-8.00PM	SWIM CLUB 8.00-9.00PM	JUNIOR WATERPOLO 8.00-9.00PM	CANOE CLUB 9.00-10.00PM

The swimming timetables are correct at time of print but may be subject to change at any time.

Swimming Timetable - Main Pool - Holidays

PLEASE NOTE: DURING ALL PUBLIC/SPECIAL SWIMMING SESSIONS THERE WILL BE A 5 MINUTE CHANGEOVER PERIOD

MON	LENTH SWIMMING 7.45-9.00AM	ANTE NATAL 9.00AM-10.00AM	50+ AQUA 10.00AM-11.00AM	PUBLIC SWIM 11.00AM - 8.00PM		AQUACISE 8.00PM-9.00PM	ADULT LESSONS 9.00-10.00PM
TUE	LENTH SWIMMING 7.45-9.00AM	**PUBLIC** 9.00AM-10.00AM	PUBLIC 10.00AM-11.00AM	FUN SESSION 11-12.00PM	PUBLIC SWIM 12.00NOON - 7.30PM		SWIM CLUB 7.30PM-9.00PM
WED	LENTH SWIMMING 7.45-9.00AM	**PUBLIC** 9.00AM-10.00AM	PUBLIC 10.00AM-11.00AM	FUN SESSION 11-12.00PM	PUBLIC SWIM 12.00NOON - 3.00PM	STAFF TRAINING 3.00-4.00PM	LADIES 8.00PM-9.00PM ADULTS 9.00PM-10.00PM
THU	LENTH SWIMMING 7.45-9.00AM	**PUBLIC** 9.00AM-10.00AM	50+ SWIM 10.00AM-11.00AM	FUN SESSION 11-12.00PM	PUBLIC SWIM 12.00NOON - 7.30PM		SWIM CLUB 7.30PM-9.00PM SENIOR WATERPOLO 9.00-10.00PM
FRI	LENTH SWIMMING 7.45-9.00AM	**PUBLIC** 9.00AM-10.00AM	PUBLIC 10.00AM-11.00AM	FUN SESSION 11-12.00PM	PUBLIC SWIM 12.00NOON - 3.00PM	STAFF TRAINING 3.00-4.00PM	SWIM CLUB 7.00PM-8.00PM LIFESAVING CLUB 8.00-9.30PM
SAT	SWIM CLUB 8.00AM-9.30AM	PUBLIC 9.30AM-10.30AM	DISABLED 10.30AM-11.30AM	PUBLIC 11.30AM-2.30PM	FUN SESSION 2.30-3.30PM	PUBLIC 3.30PM-5.00PM	PRIVATE 5.00-6.00PM FOR HIRE 6.00PM-10.00PM
SUN	PUBLIC 8.00AM-2.30PM			FUN SESSION 2.30-3.30PM	PUBLIC 3.30PM-5.00PM	SWIM CLUB 5.00PM-8.00PM	JUNIOR WATERPOLO 8.00-9.00PM CANOE CLUB 9.00-10.00PM

****This session will be used for children's holiday sessions during some weeks in summer; please check at reception****
The swimming timetables are correct at time of print but may be subject to change at any time.

Swimming Timetable - Learner Pool - Term Time

PLEASE NOTE: DURING ALL PUBLIC/SPECIAL SWIMMING SESSIONS THERE WILL BE A 5 MINUTE CHANGEOVER PERIOD

MON	FOR HIRE 9.00AM-12.00PM	PUBLIC 12.00PM-1.00PM	UNDER 5s LESSONS 1.00-2.30PM	PUBLIC 2.30PM-7.00PM		
TUE	FOR HIRE 9.00AM-11.00AM	PUBLIC 11.00AM-4.00PM		JUNIOR LESSONS 4.00-5.00PM	PUBLIC 5.00PM-7.00PM	
WED	UNDER 5s LESSONS 9.00AM-12.00PM	PUBLIC 12.00PM-1.00PM	UNDER 5s LESSONS 1.00-3.00PM	PUBLIC 3.00PM-4.00PM	PUBLIC 5.00PM-7.00PM	
THU	FOR HIRE 9.00AM-11.00AM	PUBLIC 11.00AM-4.00PM		JUNIOR LESSONS 4.00-5.00PM	PUBLIC 5.00PM-7.00PM	
FRI	FOR HIRE 9.00AM-10.00AM	UNDER 5s LESSONS 10.00AM-12.00PM	PUBLIC 12.00PM-7.00PM			
SAT	JUNIOR LESSONS 9.00-10.30AM	PUBLIC 10.30AM-2.30PM	FUN SESSION 2.30-3.30PM	PUBLIC 3.30PM-5.00PM	FOR HIRE 5.00PM-7.00PM	
SUN	PUBLIC 8.00AM-2.30PM		FUN SESSION 2.30-3.30PM	PUBLIC 3.30PM-5.00PM	FOR HIRE 5.00PM-7.00PM	

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Swimming Timetable - Learner Pool - Holidays

PLEASE NOTE: DURING ALL PUBLIC/SPECIAL SWIMMING SESSIONS THERE WILL BE A 5 MINUTE CHANGEOVER PERIOD

MON	PUBLIC 9.00AM-7.00PM			
TUE	PUBLIC 9.00AM-11.00AM	FUN SESSION 11AM-12PM	PUBLIC 12.00PM-7.00PM	
WED	PUBLIC 9.00AM-11.00AM	FUN SESSION 11AM-12PM	PUBLIC 12.00PM-7.00PM	
THU	PUBLIC 9.00AM-11.00AM	FUN SESSION 11AM-12PM	PUBLIC 12.00PM-7.00PM	
FRI	PUBLIC 9.00AM-11.00AM	FUN SESSION 11AM-12PM	PUBLIC 12.00PM-7.00PM	
SAT	PUBLIC 9.00AM-2.30PM	FUN SESSION 2.30-3.30PM	PUBLIC 3.30PM-5.00PM	FOR HIRE 5.00PM- 7.00PM
SUN	PUBLIC 8.00AM-2.30PM	FUN SESSION 2.30-3.30PM	PUBLIC 3.30PM-5.00PM	FOR HIRE 5.00PM- 7.00PM

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